

Atlas Youth Outreach
Resource Guide
Suicide Prevention

Jefferson County

Comtrea

- Behavioral Health Services in many locations
- After hours crisis line: 1-800-811-4760
- Arnold Location
 - Call at: 636-296-6206
 - Located at: 21 Municipal Drive, Arnold MO 63010
- Festus Location
 - Call at: 636-2700
 - Located at: 110 North Mill Street, Festus MO, 63028
- House Springs Location
 - Call at: 636-321-0150
 - Located at: 4300 Gravois Road, House Springs MO, 63051

St. Louis County

SSM Health Behavioral Health Urgent Care

- Treats adults and children (over five) in urgent need of mental health care
- Located: SSM Health DePaul Hospital, 12355 DePaul Dr. Suite 150, Bridgeton, MO, 63044
- Call at: 314-344-7200
- Open: Monday thru Saturday, from 9 a.m. to 7 p.m.

CHADS Coalition

- Provides individual, group, and family therapy for under 25 years old - for those struggling with

St. Francois County

BJC Behavioral Health

- Behavioral Health Services
- Crisis Line: 314-469-6644
- Located at: 1085 Maple Street, Farmington MO, 63640
- Call at: 573-756-5353

Hotline/Virtual/Telehealth

Lifeline

- “Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.”
- Call or text: 988
- <https://988lifeline.org/>

Provident Behavioral Health

- 24 hours a day, 7 day a week crisis hotline. Completely free!
- 314- 647-4357
- <https://www.providentstl.org/crisis-intervention/247-crisis-hotline/>

Behavioral Health Response (BHR)

- Behavioral Health Response provides crisis support, telephone counseling, and mental health resources 24 hours a day, 7 days a week.
- Virtual/telehealth service

mental health issues or contemplating suicide

- Located: 4121 Union Rd. Suite 224, St. Louis MO, 63129
- Reach at: 314-952-2046 or info@chadcoalition.org
- CHADS Family Support Warm Line - Weekdays 9am-5:30pm - call 314-952-8274

- 1-800-811-4760
- Local: 314-469-6644
- <https://bhrstl.com/>

Crisis Text Line

- “Text HOME to 741741 from anywhere in the USA, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and lets you know that they are here to listen”

Feeling Kinda Blue

- Social networking site for youth that provides a blog, chat, and post services to connect with peers. It is monitored by trained clinicians.
- Connect on <https://feelingkindablue.org>
- 24/7, toll-free, crisis line at **1-866-728-7983**

Kids Under Twenty One

- Confidential crisis hotline staffed by trained youth volunteers to serve youth under 21.
- St. Louis metro area: **314-644-5886**
- Everywhere else: **1-888-644-5886**

The Trevor Project

- 24/7 crisis line with trained counselors
- Call: 1-866-488-7386

St. Louis County Youth Connection

Helpline

- 24/7 helpline for youth under 19 years old
- Call 1-844-985-8282 OR Text BHEARD to 31658
- <https://stlcsf.org/resources/community-res>

[ources/youth-connection-helpline/](#)

St. Louis Queer+ Peer Support Helpline

- “SQSH’s Peer Support Helpline offers free, confidential, and identity-affirming emotional support and resource referrals, by and for the St. Louis LGBTQIA+ community.”
- Calling hours: Friday to Monday, 1:00 to 7:00 PM
- Call at 314-380-7774

Suicide Awareness Voices of Education (SAVE)

- Mission: “To prevent suicide through public awareness and education, reduce stigma and serve as a resource to those touched by suicide.”
- <https://save.org/>