

Atlas Youth Outreach
Resource Guide
Mental Health

Jefferson County

Comtrea

- “Mental health, psychiatry, substance use treatment, community education & community education and advocacy.”
- Accepts Medicare, Medicaid, most insurances, & sliding scale fees.
- 12 Locations in Jefferson, County
- Behavioral Health: 1-800-811-4760
- <https://www.comtrea.org/services/behavioral-health>

Counseling Solutions

- Provides mental health services based on clients needs.
- Located in Festus, MO
- 636-933-9590
- <http://www.counselingsolutionsllc.com/home>

Guided Solutions

- Provides mental health services to children, adolescents, and adults.
- Located in Festus, MO
- 636-322-2225
- <https://www.gscm.us/>

Living Hope Christian Services

- Dr. Weaver, LPC, provides mental health services to adolescents (11+), teens and adults, during individual, group, and/or family counseling. Uses evidence based treatments and a Christ-centered approach.
- Located in Arnold, MO
- (636) 333-2777
- <https://livinghopechristianservices.com/>

At the Well Counseling and Life Coaching

- “Helping clients experience restoration and refreshment for healing of Spirit, Soul and Body.”
- Located in Imperial, MO.
- 314-456-9970
- <https://www.atthewellcounseling.org/>

Mercy Clinic Psychiatry - Jefferson

- “Provides medical management and therapeutic services to patients with depression, mood disorders, schizophrenia and other mental illnesses in both the hospital and clinic settings.”
- Located in Festus, MO
- (636) 543-2230
- <https://www.mercy.net/practice/mercy-clinic-psychiatry-jefferson/>

Mercy Intensive Outpatient Behavioral Health - Jefferson

- “For both adults and adolescents struggling with their mental health, coping responses to life stressors, and/or co-occurring substance use issues”
- Located in Festus, MO
- (314) 251-0555
- <https://www.mercy.net/practice/mercy-intensive-outpatient-behavioral-health-jefferson/>

Provident Behavioral Health Counseling Office

- Provides mental health services to all.
- Located in High Ride, MO.
- 314-657-7224
- <https://www.providentstl.org/about-us/contact-us/#>

Great Circle

- Provides many behavioral health services to children and families.
- Located in Hillsboro, MO
- 1-844-424-3577
- <https://www.greatcircle.org/index.php>

St. Francois County

Great Circle

- Provides many behavioral health services to children and families.
- Located in Farmington, MO
- 1-844-424-3577
- <https://www.greatcircle.org/index.php>

St. Louis County

Provident Behavioral Health Counseling Office

- Provides mental health services to all.
- Located in St. Louis, MO off Tesson Ferry.
- 314-898-0102
- <https://www.providentstl.org/about-us/contact-us/#>

Agape Christian Counseling Services

- Their mission is to “provide mental health services to all clients, regardless of their ability to pay.
- Located in Des Peres, MO off Hwy 270.
- 314-994-9344
- <https://www.agapechristiancounselingservices.org/>

Care and Counseling

- Provides mental health services to individuals who would otherwise not be able to afford services. This organization is interfaith which means they work with individuals of all faiths and those who do not affiliate with a religious/spiritual group or organization. Clients are not required or expected to discuss religious or spiritual topics unless they choose to do so.
- Located in Webster Groves, MO.
- (314) 878-4340
- <https://careandcounseling.org/>

Great Circle

- Provides many behavioral health services to children and families.
- Located in Webster Groves, MO.
- 1-844-424-3577
- <https://www.greatcircle.org/index.php>

Kids in the Middle

- Addresses “the mental, cognitive, and behavioral health of children whose families are in transition due to parental separation, divorce, and remarriage.”
- Located in Maplewood, MO.
- 314-909-9922
- <https://kidsinthemiddle.org/>

Psychological Service Center

- Provides affordable mental health services. These services range from \$15-\$40 per hour.

Hotline/Virtual/Telehealth

Behavioral Health Response (BHR)

- Behavioral Health Response provides crisis support, telephone counseling, and mental health resources 24 hours a day, 7 days a week.
- Virtual/telehealth service
- 1-800-811-4760
- Local: 314-469-6644
- <https://bhrstl.com/>

Provident Behavioral Health

- 24 hours a day, 7 day a week crisis hotline. Completely free!
- 314- 647-4357
- <https://www.providentstl.org/crisis-intervention/247-crisis-hotline/>

Lifeline

- “Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.”
- Call or text: 988
- <https://988lifeline.org/>

These services are a part of Washington University in St. Louis. You do not have to be a student or faculty member to receive services.

- Located in St. Louis.
- 314-935-6555
- <http://psychnet.wustl.edu/psc/>